



YMCA OF SANDUSKY COUNTY

POOL SCHEDULE

EFFECTIVE: SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:00 – 7:45 LAP SWIM	5:00 – 7:45 LAP SWIM	5:00 – 7:45 LAP SWIM	5:00 – 7:45 LAP SWIM	5:00 – 7:45 LAP SWIM	7:00 – 9:00 LAP SWIM
	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	
	8:30 -9:30 OPEN SWIM ONE LAP LANE OPEN	8:30 – 9:30 PRE SCHOOL SWIM LESSONS	8:30 – 9:30 PRE SCHOOL SWIM LESSONS	8:30 – 9:30 PRE SCHOOL SWIM LESSONS	8:30 – 9:30 PRE SCHOOL SWIM LESSONS	
		POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	
	9:40 – 10:30 AQUA BASICS & DEEP END FLOAT	9:40 – 10:30 SILVERSPASH & DEEP END FLOAT	9:40 – 10:30 AQUA BASICS & DEEP END FLOAT	9:40 – 10:30 SILVERSPASH & DEEP END FLOAT	9:40 – 10:30 AQUA BASICS & DEEP END FLOAT	9:00 – 11:00 GROUP SWIM LESSONS
	10:30 – 11:30 AQUA FIT	10:30 – 11:30 DEEP END AROBICS	10:30 – 11:30 AQUA FIT	10:30 – 11:30 DEEP END AROBICS	10:30 – 11:30 AQUA FIT	
12:00 – 2:30 LAP SWIM	11:30 – 1:00 LAP SWIM	11:30 – 1:00 LAP SWIM	11:30 – 1:00 LAP SWIM	11:30 – 1:00 LAP SWIM	11:30 – 1:00 LAP SWIM	11:00 – 1:00 LAP SWIM
	1:00 – 2:00 OPEN SWIM ONE LAP LANE OPEN	1:00 – 3:00 OPEN SWIM ONE LAP LANE OPEN	1:00 – 2:00 OPEN SWIM ONE LAP LANE OPEN	1:00 – 3:00 OPEN SWIM ONE LAP LANE OPEN	1:00 – 2:00 OPEN SWIM ONE LAP LANE OPEN	1:00 – 3:45 OPEN SWIM LAP SWIM ETIQUETTE
2:30 – 4:45 OPEN SWIM	2:00 – 4:00 VOLLYBALL & DEEP END FLOAT ONE LAP LANE OPEN	3:00 – 4:45 LAP SWIM 4:45-7:30 GROUP SWIM LESSONS POOL CLOSED	2:00 – 4:00 VOLLYBALL & DEEP END FLOAT ONE LAP LANE OPEN	3:00 – 5:30 LAP SWIM 5:30 – 6:30 WEIGHTLESS TRACK	2:00 – 4:00 VOLLYBALL & DEEP END FLOAT ONE LAP LANE OPEN	All lap swimmers must share lanes and circle swim when necessary during designated lap swim times. When 2 or more people are sharing the lane, it will be split. Lap swim changed to circle swimming if a 3 rd person is sharing a lane. Circle swimming is complete by staying on the right side of the lane at all times.
	4:00 – 4:45 LAP SWIM		4:00 – 6:00 LAP SWIM		4:00 – 7:45 OPEN SWIM	
	4:45 – 6:00 GROUP SWIM LESSONS POOL CLOSED	5:30 – 6:30 WEIGHTLESS TRACK	6:00 – 7:00 AQUA X	6:30 – 8:45 OPEN SWIM	ONE LAP LANE OPEN	
	6:00 – 7:00 AQUA X	7:30 – 8:45 OPEN SWIM	7:00 – 8:45 OPEN SWIM	ONE LAP LANE OPEN		
	7:00 – 8:00 Lap Swim	ONE LAP LANE OPEN	ONE LAP LANE OPEN	6:30 – 8:45 OPEN SWIM		
	8:00 – 8:45 OPEN SWIM ONE LAP LANE OPEN			ONE LAP LANE OPEN		