



# YMCA OF SANDUSKY COUNTY

## POOL SCHEDULE Effective June 29th, 2026

| Time            | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|-----------------|---|---|---|---|---|---|
| <b>5:00 AM</b>  | LAP SWIM<br>5:00-7:45am   | LAP SWIM<br>5:00-7:45am   | LAP SWIM<br>5:00-7:45am   | LAP SWIM<br>5:00-7:45am   | LAP SWIM<br>5:00-7:45am   |   |
| <b>7:45 AM</b>  | 7:45 – 8:30am<br>LAP SWIM<br>(2 LANES)<br>EASY DOES IT<br>(2 LANES) | 7:45 – 8:30am<br>LAP SWIM<br>(2 LANES)<br>EASY DOES IT<br>(2 LANES) | 7:45 – 8:30<br>LAP SWIM<br>(2 LANES)<br>EASY DOES IT<br>(2 LANES) | 7:45 – 8:30am<br>LAP SWIM<br>(2 LANES)<br>EASY DOES IT<br>(2 LANES) | 7:45 – 8:30am<br>LAP SWIM<br>(2 LANES)<br>EASY DOES IT<br>(2 LANES) | LAP SWIM<br>7:00-9:00am   |
| <b>8:30 AM</b>  | 8:30 - 9:30am<br>ADV. AQUA<br>AEROBICS                              | 8:30 – 9:30am<br>PRE SCHOOL<br>SWIM LESSONS<br><b>POOL CLOSED</b>   | 8:30 – 9:30am<br>ADULT ONLY<br>OPEN SWIM                          | 8:30 – 9:30am<br>PRE SCHOOL<br>SWIM LESSONS<br><b>POOL CLOSED</b>   | 8:30 – 9:30<br>PRE SCHOOL<br>SWIM LESSONS<br><b>POOL CLOSED</b>     | 9:00-11:00am<br>GROUP SWIM<br>LESSONS<br><b>POOL<br/>CLOSED</b> |
| <b>9:30 AM</b>  | 9:40 – 10:30am<br>AQUA BASICS &<br>DEEP END FLOAT                   | 9:40 – 10:30am<br>SILVER SPLASH &<br>DEEP END FLOAT                 | 9:40 – 10:30am<br>AQUA BASICS &<br>DEEP END FLOAT                 | 9:40 – 10:30am<br>SILVER SPLASH &<br>DEEP END FLOAT                 | 9:40 – 10:30am<br>AQUA BASICS &<br>DEEP END FLOAT                   |   |
| <b>10:30 AM</b> | 10:30-11:20am<br>#AQUA FIT  | 10:30-11:20am<br>DEEP END AEROBICS                                  | 10:30-11:20am<br>#AQUA FIT  | 10:30-11:20am<br>DEEP END AEROBICS                                  | 10:30-11:20am<br>#AQUA FIT  |   |
| <b>11:30 AM</b> | 11:30-1:00pm<br>LAP SWIM  | 11:30-1:00pm<br>LAP SWIM  | 11:30-1:00pm<br>LAP SWIM  | 11:30-1:00pm<br>LAP SWIM  | 11:30-1:00pm<br>LAP SWIM  | 11:00-1:00pm<br>LAP SWIM  |
| <b>1:00 PM</b>  | 1:00 – 2:00pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       | 1:00 – 5:30pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       | 1:00 – 2:00pm<br>OPEN SWIM<br>1 LAP LANE OPEN                     | 1:00 – 8:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       | 1:00 – 2:00pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       | 1:00 – 3:45PM<br>OPEN SWIM                                      |
| <b>2:00 PM</b>  | 2:00 – 4:00<br>VOLLEYBALL &<br>DEEP END FLOAT                       |   | 2:00 – 4:00<br>VOLLEYBALL &<br>DEEP END FLOAT                     |   | 2:00 – 4:00pm<br>VOLLEYBALL &<br>DEEP END FLOAT                     |   |
| <b>4:00 PM</b>  | 4:00 – 5:00pm<br>LAP SWIM   |   | 4:00 – 6:00pm<br>LAP SWIM   |   | 4:00 – 7:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       | <b>SUNDAY</b>   |
| <b>5:00 PM</b>  | 5:00 – 6:00pm<br>GROUP SWIM<br>LESSONS<br><b>POOL CLOSED</b>        | 5:30 – 7:45pm<br>GROUP SWIM<br>LESSONS<br><b>POOL CLOSED</b>        |   |   |   | 12:00 – 2:30pm<br>LAP SWIM                                      |
| <b>6:00 PM</b>  | 6:00 – 7:00pm<br>AQUA X   |   | 6:00 – 7:00pm<br>AQUA X   | 6:00 – 8:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       |   |   |
| <b>7:00 PM</b>  | 7:00 – 8:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       |   | 7:00 – 8:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                     |   |   | 2:30 – 4:45pm<br>OPEN SWIM                                      |
| <b>8:00 PM</b>  |   | 7:45 – 8:45pm<br>OPEN SWIM<br>1 LAP LANE OPEN                       |   |   |   |   |

### LAP SWIM ETIQUETTE

All lap swimmers must share lanes and circle swim when necessary during designated lap swim times. When 2 or more people are sharing the lane, it will be split. Lap swim changes to circle swimming if a 3rd person is sharing a lane. Circle swimming is complete by staying on the right side of the lane at all times.