



YMCA OF SANDUSKY COUNTY

POOL SCHEDULE Effective July 7th, 2026

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM	LAP SWIM 5:00-7:45am	LAP SWIM 5:00-7:45am	LAP SWIM 5:00-7:45am	LAP SWIM 5:00-7:45am	LAP SWIM 5:00-7:45am	
7:45 AM	7:45 – 8:30am LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30am LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30 LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30am LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	7:45 – 8:30am LAP SWIM (2 LANES) EASY DOES IT (2 LANES)	LAP SWIM 7:00-9:00am
8:30 AM	8:30 – 9:30am ADV. AQUA AEROBICS	8:30 – 9:30am PRE SCHOOL SWIM LESSONS POOL CLOSED	8:30 – 9:30am ADULT ONLY OPEN SWIM	8:30 – 9:30am PRE SCHOOL SWIM LESSONS POOL CLOSED	8:30 – 9:30 PRE SCHOOL SWIM LESSONS POOL CLOSED	9:00-11:00am GROUP SWIM LESSONS POOL CLOSED
9:30 AM	9:40 – 10:30am AQUA BASICS & DEEP END FLOAT	9:40 – 10:30am SILVER SPLASH & DEEP END FLOAT	9:40 – 10:30am AQUA BASICS & DEEP END FLOAT	9:40 – 10:30am SILVER SPLASH & DEEP END FLOAT	9:40 – 10:30am AQUA BASICS & DEEP END FLOAT	
10:30 AM	10:30-11:20am #AQUA FIT	10:30-11:20am DEEP END AEROBICS	10:30-11:20am #AQUA FIT	10:30-11:20am DEEP END AEROBICS	10:30-11:20am #AQUA FIT	
11:30 AM	11:30-1:00pm LAP SWIM	11:30-1:00pm LAP SWIM	11:30-1:00pm LAP SWIM	11:30-1:00pm LAP SWIM	11:30-1:00pm LAP SWIM	11:00-1:00pm LAP SWIM
1:00 PM	1:00 – 2:00pm OPEN SWIM 1 LAP LANE OPEN	1:00 – 5:30pm OPEN SWIM 1 LAP LANE OPEN	1:00 – 2:00pm OPEN SWIM 1 LAP LANE OPEN	1:00 – 8:45pm OPEN SWIM	1:00 – 2:00pm OPEN SWIM 1 LAP LANE OPEN	1:00 – 3:45PM OPEN SWIM
2:00 PM	2:00 – 4:00 VOLLEYBALL & DEEP END FLOAT		2:00 – 4:00 VOLLEYBALL & DEEP END FLOAT		2:00 – 4:00pm VOLLEYBALL & DEEP END FLOAT	
4:00 PM	4:00 – 5:00pm LAP SWIM		4:00 – 6:00pm LAP SWIM		4:00 – 7:45pm OPEN SWIM 1 LAP LANE OPEN	SUNDAY
5:00 PM	5:00 – 6:00pm GROUP SWIM LESSONS POOL CLOSED					12:00 – 2:30pm LAP SWIM
6:00 PM	6:00 – 7:00pm AQUA X	7:45 – 8:45pm OPEN SWIM 1 LAP LANE OPEN	6:00 – 7:00pm AQUA X	6:00 – 8:45pm OPEN SWIM 1 LAP LANE OPEN		
7:00 PM	7:00 – 8:45pm OPEN SWIM 1 LAP LANE OPEN		7:00 – 8:45pm OPEN SWIM 1 LAP LANE OPEN			2:30 – 4:45pm OPEN SWIM
8:00 PM						

LAP SWIM ETIQUETTE

All lap swimmers must share lanes and circle swim when necessary during designated lap swim times. When 2 or more people are sharing the lane, it will be split. Lap swim changes to circle swimming if a 3rd person is sharing a lane. Circle swimming is complete by staying on the right side of the lane at all times.